



# EXPLORER

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## ESCAPE TO YOUR FUTURE

**The Explorer program covers all access of the job search spectrum. Designed for when you're actively on the job market, Explorer will guide you through all the steps of the process to finding your perfect role.**

Topics include planning, time management and wellbeing; job search reasoning; networking and emails; interviewing techniques; psychological assessments; employment checks; and dealing with recruiters.

Each bespoke program includes;

- Dedicated Glow Up Accredited coach
- Coaching sessions delivered via videoconference
- Twelve-weeks full access to all our Explorer content
- Task-oriented workbook to keep you on track
- Hands-on practical guidance
- Interview roleplaying & psych practice
- Coach follow-up calls & emails throughout

